



## *Aim High; Be Resilient; Take Care of Each Other*

Dear Parents,

A very warm welcome back to the new academic year and a very special welcome to our new families. I hope you managed to have an enjoyable summer despite the changeable weather.

I have been very impressed with how well all the children have settled in happily with a super 'Aim High' attitude.

### Communication

The newsletter will be sent out each Wednesday. We try to put the majority of information about what is happening in school here, so please do take time to look at it.

Class teachers are in the process of updating the Class Page on the website to include information about routines and curriculum. These will be completed by the end of the week and the teachers will let you know they are ready by sending you a message via Class Dojo.

Class Dojo is a communication platform between class teacher and parents to share information about the class and home-learning. You can use this to communicate with teachers about home-learning and general class enquiries but all other queries, reporting absence etc. should be raised via the office email or telephone. This is to ensure we receive all messages and nothing is missed. Teachers don't look at Class Dojo during the day but the administrators do check emails regularly. These will always be forwarded to the relevant staff member.

### Health Needs

In order to have a central record of all medical conditions, we will be asking you to complete an on-line form at the start of each year. Please complete this, even if we already know about your child's condition.

Every term, we will send out the form again so if your child develops a condition you can add it.

It's really important to include any condition we need to know about including, asthma, allergies, eye conditions, conditions that require monitoring, conditions that require medication.

If your child has a significant health need, a Health Care Plan will be completed. If your child requires medication, you will need to complete a Medicines form. If you did this last year e.g. for an inhaler, you will need to complete this again.

All medication must be handed in to school. Children shouldn't keep these with them. If your child is travelling on the bus or needs to take them home, they must be handed in in the morning and taken back at the end of school.

Please complete the Health Care Needs Form: [https://docs.google.com/forms/d/e/1FAIpQLSdzKS8NWrQZQDEO8v3VB55GyKRvfV4Htx\\_PtGE-EkFiIFCuhA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdzKS8NWrQZQDEO8v3VB55GyKRvfV4Htx_PtGE-EkFiIFCuhA/viewform?usp=sf_link)

## Healthy School

A reminder that we are a 'Healthy School' so we encourage children to have a balanced packed lunch and healthy snacks. We strongly encourage you to send water into school rather than squash or juice. Water has many health benefits, however, juice has many negatives including increasing children's sugar load which affects their concentration and behavior as well as potential tooth decay. Please see NHS advice here: <https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/water-drinks-nutrition/>

Children in Pre-school, Reception, Year 1 and 2 are provided with a fruit or vegetable snack at breaktime so there is no need for you to send in additional snacks. There are a wide variety of fruit or vegetables offered. We receive these as part of the Free Fruit for Schools scheme.

The scheme doesn't apply to Key Stage 2 (Years 3 – 6) so children are welcome to bring in a healthy snack. Fruit or vegetables are preferable. If your child feels they need a carbohydrate snack please ensure these have low salt, sugar and fat content.

## Nut Free Zone

Our school is a "nut free" environment. This is because we have a small number of children in school who have a nut allergy. If these children come into contact with nuts or products containing nuts, there is a strong risk of a severe allergic reaction (anaphylactic shock) which is potentially life threatening.

We ask for your help in minimising the risk to these children by following these important measures:

Please do not provide your child with any nuts or products containing nuts in their packed lunch or for snack.

This includes peanut butter sandwiches and other spreads containing nuts such as Nutella. It also means that you will need to check the ingredients of foods such as cereal bars, biscuits, bread, Pesto and some desserts and snacks such as Kinder Bueno. Some products contain nut oil which is also restricted. As a guide, please look out for any bold print on the ingredients list that says the product contains nuts. If the packaging says "may contain nuts", this is a smaller risk and may be included in the packed lunch. This rule applies for any adult in school as well as children.

Please ensure that if your child has eaten something containing nuts before school (such as cereals or advent calendar chocolate containing nuts), hands and mouths are washed before they enter the school building. It is important that all parents carry out the requested measures to reduce the risk of severe allergic reaction.

Please check and home-made or shop bought items sent in for birthdays, as gifts or for cake sales to ensure they do not contain nuts.

Any product containing nuts will be removed and given back to you at home-time, but we will provide you with reminders of our policy in our newsletters to help everyone to remember. Your co-operation in this important matter is very much appreciated

## Free School Meals / Pupil Premium

If your financial situation has changed, your child may be entitled to Pupil Premium. This brings other benefits in addition to Free School Meals. In the Federation, we offer a free set of uniform per year, free before and after school clubs, day trips are free and residentials are heavily subsidised by the Federation. For further information, please see the attached poster for further details.

## School Uniform

The children looked very smart coming in to school this term.

Our policy on school uniform is based on the notion that school uniform: promotes a sense of pride in the school; engenders a sense of community and belonging towards the school by promoting the ethos of a school providing a sense of belonging and identity, setting an appropriate tone for education. With this in mind, please consider the length of dresses, skirts and shorts for both boys and girls. These should be appropriate for school.

Please also note, knee length boots are not appropriate for school, though in icy and snowy conditions, weather appropriate boots may be worn.

## Clubs

Governors have reviewed the cost of Breakfast Club and the clubs after school. They are very mindful of the cost of living for families but also the impact to school budget. Currently these clubs are being heavily subsidised by the school and every penny we subsidise is taken from resources we could buy for the children. Therefore. Governors have taken the decision to increase the costs slightly.

Breakfast Club will increase from £2.75 to £3.

Clubs after school will increase from £1 per session to £2.

These changes will be effective from September 2023.

Breakfast Club will resume from Tuesday 5<sup>th</sup> September, please book in advance on the SchoolMoney app and no later than 3:00pm the previous day.

Please see the website for clubs information: <https://www.thecareyfederation.co.uk/ashwater-primary-school/about-us/before-after-school-clubs/>

## Wild Tribe

Class 4 will have Wild Tribe in the first half term. On Wild Tribe days, please can children bring in waterproofs to wear over school clothes and wellington boots. If they don't have waterproofs then some other long clothing to cover arms and legs (not jeans) should be sent in.

## PE

Please ensure PE kits are in all week.. If you would like to take them home on a Friday that is fine but these can be left in school and will be sent home at half term.

## Harvest Assembly

We look forward to welcoming parents and carers to our Harvest Assembly on Halwill Friday 20<sup>th</sup> October at 9:15 am Ashwater



*Dates for your diary:*

September

28th *Clive Pig Storyteller Visit*

October

17th *Flu Immunisations YR-Y6*

20th *Harvest Assembly 9.15am*

23rd-27th *Half Term*

28th *Non Pupil Day*

November

9th *Tempest, Individuals and Families*



# Bag2School



[www.bag2school.com](http://www.bag2school.com)



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Our next **Bag2School** collection  
has been arranged for

Monday 6th November  
Ashwater Primary School  
at 9am am / pm

Any questions - please ask your school collection organiser	Tash Crocombe ... <a href="mailto:ashwaterptfa@aol.com">ashwaterptfa@aol.com</a> .....
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# Holsworthy Community College

*Small enough to know you, big enough to make a difference*

## Open Evening

**Wednesday 27 September 5-7pm**

**Open morning on Monday 2 October**

Email the school to book a place for that day or other dates

*Ofsted said:*

*Behaviour is calm and orderly*

*Subject leaders have defined the essential knowledge for pupils to learn*

*Leaders have created a strong culture of safeguarding*

*Leaders have created a creative and ambitious curriculum for all pupils*

**Dartmoor  
Multi Academy  
Trust**  
...everyone in our Trust.

<https://www.hcc.devon.sch.uk>

Email: [admin@hccdevon.org](mailto:admin@hccdevon.org)



SCAN ME

## Ashwater Baby and Toddler Group!

Held at Priestacott Cottage EX21 5EW

Thursday mornings  
from 9.00am to 11.00am  
(Term Time only)

£1.00 per child towards  
snack etc

For more information  
please contact Joy Dawe  
on 07879336743  
Or PM on Facebook