



Friday 13<sup>th</sup> June 2025

# Ashwater Primary School

*Aim High; Be Resilient; Take Care of Each Other*

## Newsletter No.20 Spring Term

Dear Families,

Welcome back to the new half term. The last 2 weeks have been busy and there is a lot more to come! Please read on for details!

### Joe Rice First Aid for Children

A huge thank you to the PTFA who paid for Joe Rice to teach the children First Aid. This is such an important, potentially life saving skill. The children thoroughly enjoyed the day and learnt a lot.



### Non-Pupil Day Monday 16<sup>th</sup> June

Please note, the NON-PUPIL DAY on Monday 16<sup>th</sup> June is not after a holiday. This will give you a long-weekend in the middle of the term.

### Summer Event Dates

Please see the dates for Sports Day and Summer Concert & Open Evening and Year 6 Leavers' Show.

The Open Evening on Thursday 17<sup>th</sup> July, is from 3:30 – 4:15 and is an opportunity to view your child's work, meet your child's new teacher, if they are moving class and say goodbye to their previous teacher.

The Summer Concert is at 4:15 and showcases children who are learning instruments. This will be followed by the Year 6 Leavers' Show, in which all Class 2 will be involved. All parents are invited to this.

### Upcoming Events

#### June 13

Holsworthy College Staff Meeting  
Y6 children and staff 3:00pm

#### June 16

**Monday 16<sup>th</sup> June - NON-PUPIL DAY**

#### June 18

PTFA Meeting 9am  
After School Club – Cricket YR-Y6

#### June 24

Holsworthy Transition Days Y6

#### June 25

Holsworthy Transition Days Y6

#### July 2

2<sup>nd</sup> – 3<sup>rd</sup> July London Trip Y5/Y6

#### July 9

Sports Day 1.30pm

#### July 15

Newquay Zoo Trip – Year R, 1 & 2

#### July 17

Open Evening, Summer Concert & Y6 Leavers' Show 3:30 – 5:15 pm

**Monday  
June 16  
NON-Pupil Day**

**School Lunches – please  
book by Sunday for the  
following week**

#### Term Dates 2025 -2026

<https://www.thecarey federation.co.uk/ashwater-primary-school/parents/term-dates/>

---

## Class Staffing September 2025

### Class 1

Teacher- Mrs Catherine Gee  
Foundation Stage Practitioner – Miss Ella Dannan  
Teaching Assistant – Ms Thelma Hutt

### Class 2:

Teacher - Miss Hayley Frayn  
Teaching Assistant – Mrs Helen Hazell

Mrs Laura Beer, who has been teaching in Halwill Class 1 for many years, has an exciting new opportunity to be teaching her specialism, Religion and World View across the Federation next academic year. She will be releasing Mrs Gee and Miss Frayn during their leadership time.

### Staff News

Mrs Dawn Barrett, who has been away from Ashwater School for a while, has now taken the decision to retire. Mrs Barrett was a fantastic Teaching Assistant for many, many years. She fully embodied our motor and always aimed high for the children, was resilient and always took care of the children's academic and pastoral needs. She will be greatly missed. I am sure you will join me in wishing her all the best for the future.

Mrs Evanda Hill, who has supported as a Teaching Assistant and Meal Time Assistant has decided to spend more time with her family. We thank Mrs Hill for all her help and support and wish her well for the future.

### Year 1 Phonics Screening & Year 4 Multiplication Statutory Assessments

Year 1 and Year 4 children have these statutory tests this week. Year 4 have been practising times tables and Year 1 children have been working hard in their Read Write Inc session. Results will be shared in the end of year report.

### YR,1&2 Newquay Zoo Trip – Tuesday 15<sup>th</sup> July

This year, KS1 have the exciting opportunity of a class trip to Newquay Zoo, which ties in with their curriculum work. A letter will come home shortly.

### After school Clubs

Please find information regarding After School clubs on our website:  
<https://www.thecareyfederation.co.uk/ashwater-primary-school/about-us/before-after-school-clubs/>

### Wild Tribe

Wild Tribe is on Friday mornings for Class 1.

### Swimming

The children are swimming at Ruby Oak. Please see the dates below and complete the following form: <https://forms.gle/JGGhPFDqQwkF4TR8A>

| Year Groups | Dates                      |
|-------------|----------------------------|
| Y 3/4       | 24/04, 01/05, 08/05, 22/05 |
| Y 5/6       | 05/06, 12/06, 19/06        |
| Y R/1/2     | 26/06, 03/07, 10/07, 17/07 |

## Useful Links

### School Contact Details

**Tel:** 01409 211228

**Email:**

[admin@ashwater.devon.sch.uk](mailto:admin@ashwater.devon.sch.uk)

**Website:**

[Halwill Primary School – Halwill and Ashwater Primary Schools](#)

**Safeguarding:** If you have any concerns about a child, please speak to one of the safeguarding team or email [safeguarding@halwill.devon.sch.uk](mailto:safeguarding@halwill.devon.sch.uk)

### Safeguarding Lead

Mrs Ruh Alford

### Deputy Safeguarding Leads

Mrs Catherine Gee

Miss Hayley Frayn

Mrs Rosie Cawsey

### Safeguarding Governor

Mrs Alison Clark

### Attendance Officer

Mrs Ceren Brooker

**If you have concerns that your child may have a Special Educational Need, please raise this with Mrs Caswey, the Federation SENDCO. You can contact her via the school office to arrange a meeting**

**47%**  
 of parents  
 said they thought their  
 children spent too much  
 time in front of screens

It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?

## What parents need to know about SCREEN ADDICTION

**SMARTPHONE ADDICTION IS A RECOGNISED HEALTH CONDITION**

Children as young as 13 are attending 'smartphone whizz' following growing concerns over screen time. There are now help centres in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction.

**IT CAN CAUSE SLEEP DEPRIVATION**

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

**CONFIDENCE, SUPPORT & ACCEPTANCE**

The Children's Commissioner report 'Life is Like', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face-to-face interactions.

**LOSS OF INTEREST IN OTHER THINGS**

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.

**APPS CAN BE ADDICTIVE**

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.

## Top Tips for Parents

**LIMIT SCREEN TIME**

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

**LEAD BY EXAMPLE**

Children model their behaviour on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

**REMOVE DEVICES FROM THEIR BEDROOM**

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 30% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

**ENCOURAGE ALTERNATIVE ACTIVITIES**

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their outdoor activities to show your support.

**LESS TIME MEANS LESS EXPOSURE**

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

**MOBILE-FREE MEAL TIMES**

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

**STATISTICS**

**53%** of children aged 3-4 go online for nearly 8hrs a week

**79%** of children aged 5-7 go online for nearly 9hrs a week

**94%** of children aged 8-11 go online for nearly 13.5hrs a week

**99%** of children aged 12-15 go online for nearly 21hrs a week

**National Online Safety**

A whole school community approach to online safety

**www.nationalonlinesafety.com**

Email us at [hello@nationalonlinesafety.com](mailto:hello@nationalonlinesafety.com) or call us on 0800 368 0061

<https://www.nationalonlinesafety.com>  
 Children and Parents Media Use and Attitudes Report 2017 <https://www.ofcom.gov.uk/consult/condocs/cmua/cmua-report-2017/cmua-report-2017.pdf>  
<http://ukresearchdata.nps.com/how-app-developers-help-to-addict-to-their-apps>  
 Journal of Youth Studies <https://www.tandfonline.com/doi/full/10.1080/10681168.2018.1481111>  
 University of Leeds [https://research.leeds.ac.uk/online/articles/1706/lock\\_07\\_sleep\\_addiction\\_for\\_children](https://research.leeds.ac.uk/online/articles/1706/lock_07_sleep_addiction_for_children)





# ART CAMP

FOR 8 - 14 YEAR OLDS



Do you want to improve your artistic skills  
try a range of materials and techniques  
in a fun and informal environment?



**COME & GET CREATIVE  
WITH EMMA  
ARTIST, DESIGNER  
& ART TEACHER**



**BOOK NOW FOR  
28 - 31ST JULY**

AND / OR

**26 - 29TH AUGUST  
10.30 - 15.00**

**£25 PER DAY  
REFRESHMENTS INCLUDED  
ASHWATER**



**PLACES LIMITED & DEMAND HIGH  
DM ME FOR MORE DETAILS AND TO MAKE A BOOKING  
07974 455518**