



Aim High; Be Resilient; Take Care of Each Other

Dear Parents,

The children have settled in well after the half-term break and have brought the sunshine back with them! Please remember to send in a water bottle and sun hat. Please apply sun screen in the morning and this can also be sent into school if children need to top this up. Please note, children will need to apply this themselves.

In the week before half term, the children enjoyed seeing the vehicles brought in by the North Dartmoor Search and Rescue Team. Year 5 and 6 learnt basic First Aid, an essential skill.



On Monday, Year 1 & 2 enjoyed a Federation Multi skills trip to Holsworthy College.



This week Year 1 children are having their Phonic Screening Check and Year 4 children are taking their Multiplication check. All results of these statutory assessments and SATs results for Y2 and Y6 will be shared in the end of year report which will be sent home in the last week of term.

Y 5/6 London Trip Meeting for Parents, Wednesday 21st June at Halwill School, 5:00 pm

It is not long to go now and you should have received the update letter and kit list. Thank you for returning the SOE3 forms. There will be an information meeting for Federation parents and children at Halwill on the date above.



Class Teachers September 2023 and Staff News



The following was sent to parents last week. Here is a copy for your information:

Many of you know that Mrs Batstone currently works part-time as Halwill Class 1 teacher and also at Plymouth Marjon University. She has had an exciting opportunity to work full time at the university from September 2023 and we wish her well, though we will be very sad to say goodbye to her after 14 years of excellent teaching and Maths leadership.

In September, Class 1 will be taught by Mrs Beer and Mrs Causey. You may know that Mrs Cawsey is the Federation SENDCo and currently teaches Class 1 at Ashwater. The move to Halwill will ensure the new children joining Reception will continue to have two strong Federation teachers. It will also enable Mrs Cawsey to have more time to dedicate to SEND support as she is a full-time member of staff but will only be in class in the second part of the week.

After a rigorous recruitment process, we have successfully recruited Rhianna Preece to be our new Class 2 teacher. Miss Preece is currently working at a school in Plymouth and will visit later in the term to meet children and parents. Further details about this will follow.

Mrs Rothery will be teaching Class 3 next year. This will give the current year 2s continuity as they move into year 3. Mrs Evans will be moving on to a new school. We thank her for all her efforts and wish her every success in the future.

Class 4 will be taught by Miss Miners, who as many of you know, is very experienced in this class.

Here is a summary of the classes:

Class 1 Mrs Laura Beer and Mrs Rosie Cawsey

Class 2 Miss Rhiannon Preece

Class 3 Mrs Alix Rothery

Class 4 Miss Jayne Miners

New Reception Transition Meeting, Wednesday 14th June, 4.30 pm

There will be an opportunity for new parents and children to meet Mrs Beer and Mrs Cawsey tomorrow. A letter has already been sent about this.

Open Evening and Summer Concert, Wednesday 19th July



From 3:45 – 5:00 pm, there will be an opportunity to see some of your child's work in their classroom, say goodbye to their current teacher and hello to their new.

At 5:00 pm there will be a Summer Concert. All children will be involved in some way and those having music lessons with Mr Rogozinsky or Mrs Hayes will have a chance to play. Class 3 and 4 children who have learnt recorder this year will also be performing.

Mini Football Festival, Friday 14th July, 4:15 at Halwill Primary School



The Carey Federation are hosting a Mini Football Festival. There will be 6 to 8 schools involved, including our two in the Federation. Each school will have two 6 a side teams of mixed gender; one Y3/4 team and one Y5/6. Substitutes will also be needed. Mr Scott Hayler and his colleague from LDJ Coaching are running the festival for us. Mr Hayler will speak to children this week so if your child is interested in taking part, they should please speak to him. He will then select the teams and a letter will be sent home. Parents are welcome to come and support.

Wild Tribe

This half-term, Class 1 & 2 will have Wild Tribe on Tuesday afternoon. On Wild Tribe days, please can children bring in waterproofs to wear over school clothes and wellington boots. If they don't have waterproofs then some other long clothing to cover arms and legs (not jeans) should be sent in. Children may eat marshmallows and hot chocolate in some sessions. If you would like a list of ingredients or your child is not allowed these or has dietary requirements, please contact the office.

Clubs

Please see our website for information about clubs:

<https://www.thecareyfederation.co.uk/halwill-primary-school/about-us/before-after-school-clubs/>

Swimming

Year Groups	Dates
Y 5/6	25/05, 08/06, 15/06, 22/06,
Y R/1/2	29/06, 06/07, 13/07, 20/07

Summer Dates

Please see the end of the newsletter for the summer events.

**Please remember to order
your School lunches via
schoolmoney by Friday of each week.
This helps us cater correctly. Thank you**

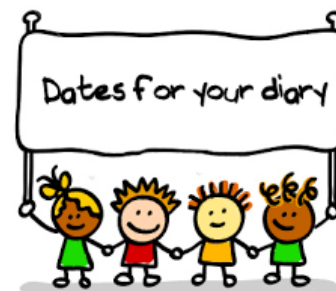
Dates for your diary:

June

15th	Swimming Years 5 & 6
21st	London Trip Meeting for Federation Parents 5.00pm.
22nd	Swimming Years 5 & 6
27th & 28th	HCC year 6 transition days
29th	Okehampton College year 6 taster day
29th	Swimming Years R, 1 & 2

July

4th to 6th	Class 4 London Trip
6th	Swimming Years R, 1 & 2
13th	Swimming Years R, 1 & 2
13th	Sports Day. Parents/carers welcome at 1.30pm.
19th	Halwill Open Evening 3.45-5.15pm
20th	Swimming Years R, 1 & 2
20th	Year 6 leavers assembly 5.30-6.30pm
21st	Last day of term



Term dates: <https://www.thecareyfederation.co.uk/halwill-primary-school/parents/term-dates/>

The Carey Qualities

Relationships by being Resilient, Resourceful, Reflective and Respectful

Each Thursday children are awarded certificates in our Celebration Assembly for making a significant effort to develop one of our Carey Qualities. Last week the following children were awarded certificates. Well done to them all.



For building Relationships	For being Resilient	For being Resourceful	For being Reflective	For being Respectful
Elsie—class 1 Amelia—class 1 Archie—class 4	Daisy—class 1 Poppy—class 1 Freya—class 3 Jack H—class 3 Harley—class 3 Oscar—class 4 Drake—class 4	Bella—class 2 Evelyn—class 2	Ada—class 1 Belle—class 2 Niamh—class 2 Joshua—class 3 George—class 4 Lily—class 4	Harry—class 4

Safeguarding at Halwill

The Safeguarding Team

Designated Safeguarding Lead:

Mrs R Alford

Deputy Designated Safeguarding Lead:

Mrs A Rothery

Miss J Miners

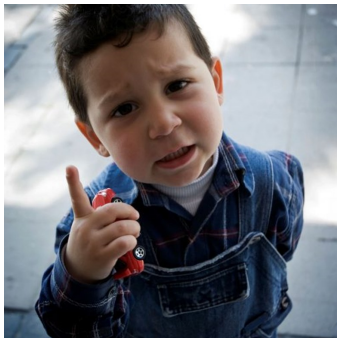
Mrs R Cawsey—SENDCo

Attendance Officer:

Miss S Revers

Safeguarding Governor:

Mrs A Clark



Struggling with Children's Behaviour At Home?

Here is an excellent blog that might help:

How To Be The Gentle Leader Your Child Needs

A frustrated, exhausted mom wants to treat her 3-year-old more gently and less punitively. Ironically, the way to do that may be to become a stronger leader.

Janet,

On a day when I felt like I have failed as a parent, I found your blog. I have read and read and read — article and entry after entry after article — on gentle parenting, and I just don't know if it is going to work.

I have a three year old daughter who on most days is difficult, to say the least. She screams, yells, hits, constantly interrupts, tantrums, tells us 'no', throws toys, refuses to listen..... There are shining moments when she is well behaved, listens and is wonderful, but it seems like they are few and far between.

I get frustrated. Very frustrated.

We also have an 8 month old son who demands my attention, and my daughter hates it. She is always saying that I HAVE to take care of her first then him. She loves her little brother until I need to give him attention.

We have done time out, toy taking, early bed time, spanking.... Everything that is "normal" to me having come from an authoritarian home . . . but it doesn't work. Nothing works. The only thing that it does is make everyone involved feel like poo.

My house is chaos. My beautiful girl is not only miserable, but acts like she is scared of us because she hates punishment... our son senses the tension and it causes issues with him. And I feel like a failure as a parent.

I know you are probably swamped with e-mails, but I hope that you get a chance to read this and possibly help enlighten an exhausted momma, because I just don't know what to do anymore.

Sincerely,

Kelly

Hi Kelly,

I'm sorry for all you are going through, that you are doubting yourself and getting discouraged.

It's admittedly challenging for me to dive in and understand a family's dynamics from the information in an email. So when I read I look for clues, and then I try to figure out why those things stand out. In your letter it was this: "*she is always saying that I HAVE to take care of her first then him.*" That statement, along with her being "miserable" and the fact that she "screams, yells, hits, and so on," indicates to me that the balance of power between you and your daughter might not be as healthy as it could be. She seems to be under the impression that she can exert control in areas that aren't hers to lead. She sounds unsettled and uncomfortable, and your responses, interventions, and disciplinary measures seem to be unsettling her even more, rather than easing her mind, addressing her need to test her power, and helping her to feel safe, nested, more comfortable and free.

So, how can we help?

Be a gentle leader

Children need to know without a doubt that their parents are their leaders. This may seem obvious, but it's easy to get a little confused in this area, especially with a strong, bright and verbal child (I've been there).

Sometimes a reticence to set clear boundaries stems from being raised in an overly strict home. Perhaps there is a fear of being too authoritarian and repeating patterns of response that our parents modelled — responses that felt unloving, disconnecting or even abusive. Or, sometimes the parent is simply inexperienced at establishing healthy boundaries.

But when we don't make it clear that we are the loving leaders of the house by setting reasonable, consistent limits and taking control, our child has no choice but to feel *out of control*.

Believe it or not, your daughter isn't comfortable being in the position of saying, "you HAVE to take care of me first" (which is very different from saying, "I want you to take care of me first!") She doesn't want the power that implies. It makes her feel unsafe and uneasy to be 3 years old and making those kinds of statements, but this isn't something she's consciously aware of, so it's difficult for us to see, too.

This out of control feeling leads to more out of control behavior, hence the screams, yells, hits, etc., which then make *parents* feel out of control. Rather than leading confidently, we might react out of anger, frustration and desperation. We might resort to trying to regain control through punishments like spankings and disciplinary tactics like time-out that result in even more rebellion and disconnectedness. This makes us feel like failures.

Family life is easier and less chaotic for everyone when we are all clear about our roles. So, how do we do that?

1) Set limits calmly, firmly, gently, *early*

By setting limits early, I mean making situations as clear as possible for your daughter before she even begins to act out. This clarity helps parents, too, because those well-defined boundaries keep us feeling on top of the situation and prevent us from reaching our wit's end — getting frustrated and angry and resorting to punishments. Here's an example:

You say to your daughter, "I'm getting ready to feed the baby and put him to bed. I'll be busy with him for the next half hour. If you need something, I can get it now."

Then after getting her what she needs (a book from the shelf, a snack, whatever), give her a choice. "You can sit in the room with us very quietly or go to your room and play." You might even ask, "What will you do in your room while I'm busy?"

Let's say she chooses staying with you quietly, but doesn't end up being able to manage it and she's whiny. "I know it's hard to wait while I'm busy with the baby, but I need your help. I want you to go to your room and play or look at books until we're finished. Then I'll have time to be with you."

Then let's say she tries to hit you. You hold her hand. "I won't let you hurt me. I see you're upset. You can go to your room and hit your pillows, but I won't let you hit me."

As strong as your daughter sounds, I imagine she has (and will continue to have) intense negative reactions when you set limits. Don't be uncomfortable with that. View the yelling, screaming and crying as healthy and positive releases for her. It's hard being a toddler and *really* hard also being a big sister and having to share your parents with someone small, adorable and needy. Acknowledge her feelings whenever possible. "I know it's hard for you when I'm busy with the baby. It's so hard and upsetting to have to wait, but I know you can do it."

Try to relax – or, at least, *seem* relaxed — and maintain composure even if she's exploding. Eventually, when she knows you mean what you say and she's unable to rattle you, she'll settle into a routine of occupying herself when you are busy with the baby.

I went through something similar with my intense and assertive eldest daughter after my second baby was born. She was 4 years old and would complain, cry, scream and howl when I needed time to feed her sister and put her to bed, which used to take me a whole hour. It was a scene for several days. Finally, she discovered on her own that she could spend that time playing in her room with her dollhouse, and that became her self-chosen routine while I was focusing on her sister. I've no doubt that a lot of wild things happened in that dollhouse!

2) Acknowledge her point-of-view, but don't argue it.

When your daughter expresses her disagreement with the situation, especially if her statement begins with "you have to", acknowledge it calmly, look beyond it to what she's feeling when there's time, but don't argue ('no, I *don't* have to'), negotiate or otherwise give it power. Your short answer might be something along the lines of a sincere, "Thank you for your opinion, but here's the plan..." A longer response might delve deeper into acknowledging her feelings, which with a new sibling can include anger and [grief](#) over the loss of the one-on-one relationship with the parent. Still, make it clear that you hear her feelings, but that you are making the plan. She needs empathy, but not the kind of "poor baby" sympathy that makes us go soft on behavior limits. In fact, for a child in transition, consistent, firm boundaries are even more vital.

3) Ask her to help.

Help fulfill her healthy needs for autonomy, competence and participation by asking for her assistance with the baby (and anything else) whenever possible.

4) Give reassurance, one-on-one attention and gratitude.

Assure her that her needs will always be met, even though it won't always be in her perfect time. And don't forget to provide [periods of undivided attention](#) that she can look forward to regularly. Most importantly, don't forget to thank her for the "*shining moments when she is well behaved, listens and is wonderful.*"

Hopefully these suggestions will help your daughter understand that her opinions and feelings are always welcome and understood, but family decisions (like whose needs are being met when), will always be made by you, no matter how much she objects. This should help ease her mind (and at least some of the chaos you're dealing with!).

Please keep me posted!

Warmly,
Janet

Outside achievements



Well done to Billy who received his Thai Jitsu Red belt before half term.



Well done to Will who aimed high in the Bude Junior Triathlon. This involved swimming a length of the sea pool, cycling 2 laps of the Downs and. running another lap.

Will came 4th, which is a fantastic achievement!! Well done!

Good luck in his forthcoming triathlon at Bowood.

If your child has an achievement outside of school please send details to the office and we will share in the newsletter.



Friends of Halwill Primary School

Friends of the school appreciates that times are hard at the moment, and we don't want to keep pestering for money, but we would like you to consider signing up to easy fundraising. We can raise funds whilst you are shopping online, if you download the app and with the donation reminder applied to your phone or computer the donation will automatically be applied. The donation percentage may seem small but the more parents and carers we have supporting in this way the more we can raise.

We have also listed second hand uniform on Facebook, search for "Halwill Primary School's 2nd Hand Uniform". Simply comment on the photo if there is anything you would like. We are asking for a small donation per item.

Thank you
Friends of Halwill Primary School

<https://www.easyfundraising.org.uk/assets/blt2159bb3d91e9d580/easyfundraising-poster-a4.pdf>



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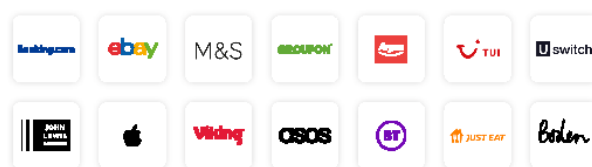
Friends of Halwill Primary School

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You shop, brands donate to us.
It won't cost you any extra!

How to sign up

- 1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



Download the
easyfundraising App



Excellent 3,945 reviews on Trustpilot



Children will have the chance to make a special handmade gift for their

Dad/Grandad/Special Person to celebrate Father's Day.

If you would like your child to take part, please return the form

plus £1.50 for each gift to reception by **Friday 16th June**.

Forms are being sent home today.

Summer Reading Challenge 2023

Ready, Set, Read!

Presented by The Reading Agency.
Delivered in partnership with libraries.



summerreadingchallenge.org.uk



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