



Executive Headteacher: Mrs Ruh Alford B.Ed (Hons.), M.Ed

[www.thecareyfederation.co.uk](http://www.thecareyfederation.co.uk)

Dear Parents,

## Non Statutory Sex Education -Y5 and 6.

In the Carey Federation, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) and Relationships and Sex education and Health Education (RSE) programme. PSHE/RSE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. Further details can be found on the Carey Federation Website.

I am writing to let you know that Year 5 and 6 will be taking part in lessons of non-statutory sex education that go beyond the statutory requirements of our PSHE/RSE lessons.

In the Carey Federation, we have always delivered a very effective programme of non-statutory sex education. We believe it is important that in the transitional phase - before moving to secondary school – we support pupils' ongoing emotional and physical development effectively. It will help both boys and girls be prepared for the changes that adolescence brings.

The programme of work will help children to learn about their bodies including the changes that take place at puberty, and will help to keep them safe, so they can form healthy relationships (friendships) with others, now and in the future. It has been thoughtfully developed over the years in discussion with the School Nurse.

Our programme will be delivered by the Class Teacher in mixed gender groups to Y5 and Y6.

They will be taught:

- Sexual differences and naming body parts
- Impact of puberty and the importance of physical hygiene
- About menstruation and wet dreams as a part of normal development
- How a baby is conceived (the egg meets the sperm) within the context of loving relationships
- That in most animals including humans the baby grows inside the mother
- How to answer each other's questions about relationships and know where to find support and advice



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# THE CAREY FEDERATION



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The resources we use when teaching the non-statutory sex education units are available for parents/carers to view on request.

If you continue to have concerns about our non-statutory sex education lessons please come and speak to us.

Parents do have the right to withdraw their children from the non-statutory/non-science components of sex education. Parents do not have the right to withdraw their children from statutory relationships education, health education or the science curriculum.

If you want to withdraw your child from these lessons, you are invited to speak to the Executive Head Teacher in the first instance. Following this conversation, if you still wish to withdraw your child, requests for withdrawal should be put in writing and addressed to the Executive Head Teacher. Once a child has been withdrawn from these lessons, they cannot take part in sex education until the request for withdrawal has been removed.

We would like to reassure you that all teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

Thank you for your continued support.

Jayne Miners

